

SESIÓN BIBLIOGRÁFICA HEMODINÁMICA

CvLPRIT:

Complete **v**ersus **L**esion only **PR**imary-PCI **T**rial

Miércoles 11 de Marzo del 2015

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CvLPRIT:

Complete versus Lesion only Primary-PCI Trial

296 STEMI patients
7 UK centers

12
month
follow-up

146
infarct-only

150 complete
revascularization

MACE:

TOTAL MORTALITY, RECURRENT MI, HEART FAILURE AND
ISCHEMIA- DRIVEN REVASCULARIZATION

CvLPRIT:

Complete **v**ersus **L**esion only **PR**imary-**PCI** **T**rial

Table 4. Potential benefits and risks of multivessel PCI during PPCI for STEMI.

Potential benefits of MV PCI in STEMI	Potential risks of MV PCI in STEMI
Limitation of infarct size by increasing collateral flow to the at-risk, but non-necrotic, peri-infarct zone	Infarct size may be increased. Approximately one third of patients undergoing elective PCI experience a rise in troponin levels
Reducing overall hospital stay and total cost of care	Risk of contrast-induced nephropathy with increased contrast load may be increased
Reduced ischaemic burden which appears to be an important determinant of outcome following MI, at least in the era before PPCI/stenting	Stenting of bystander lesions in the non-IRAs, which are causing neither ischaemia nor symptoms, may not benefit the patient and merely increases costs
Reduced need for further PCI, either for symptoms or silent ischaemia as per current guidelines	There may be an increased risk of both early, especially in the thrombogenic milieu of acute infarction, and late stent thrombosis and restenosis
Reduced subsequent hospitalisation for the patients and with resultant economic benefits	N-IRA revascularisation may not reduce ischaemia more effectively than by intensive medical therapy following MI
Reduced risk of recurrent MI/death, as has been observed for non-STEMI, although this finding has not been replicated in chronic stable angina	
Reduction in vascular complications by having all PCI performed during the index intervention through a single access site	

CvLPRIT:

Complete **v**ersus **L**esion only **P**Primary-PCI **T**rial

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graph TD; A["296 STEMI patients  
7 UK centers"] --> B["146  
infarct-only"]; A --> C["150 complete  
revascularization"];
```

296 STEMI patients
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In the Complete Revascularization (CR) group, the infarct-related artery underwent PCI first before treatment of any significantly blocked non-infarct-related arteries, ideally within the same procedure but at least during the index hospitalization.

CvLPRIT:

Complete versus Lesion only Primary-PCI Trial

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graph TD; A["296 STEMI patients  
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- Randomization was stratified by infarct site (anterior vs nonanterior) and symptom-onset-to-balloon time (more or less than 3 hours).
- Significant blockage was defined as > 70% on single view or > 50% on 2 views.

CvLPRIT:

Complete versus Lesion only Primary-PCI Trial

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- Complete revascularization increased both procedure time (55 vs 41 minutes; $P < .0001$) and contrast volume (250 vs 190 mL; $P < .0001$)
- Did not raise the risk of contrast-induced nephropathy (2% in each group; $P = .95$)

CvLPRIT:

Complete versus Lesion only Primary-PCI Trial

	Infarct-Only (n = 146)	Complete (n = 150)	HR (95% CI)	P Value
MACE	21.2%	10.0%	0.45 (0.24-0.84)	.009
All-Cause Mortality	4.1%	1.3%	0.32 (0.06-1.60)	.14
Recurrent MI	2.7%	1.3%	0.48 (0.09-2.62)	.39
Heart Failure	6.2%	2.7%	0.43 (0.13-1.39)	.14
Repeat Revascularization	8.2%	4.7%	0.55 (0.22-1.39)	.20

CvLPRIT:

Complete versus Lesion only Primary-PCI Trial

Complete vs Culprit-only Revascularization to Treat Multi-vessel Disease After Primary PCI for STEMI (COMPLETE)

To determine whether, on a background of optimal medical therapy, including ticagrelor, opening of all suitable narrowings or blockages found at the time of primary PCI for an acute heart attack is better than treating only the culprit lesion in patients with multi-vessel disease.

1. Primary Outcome Measures:

Composite of Cardiovascular death or new myocardial Infarction

2. Secondary Outcome Measures: Composite of CV death, new MI, ischemia-driven revascularization or hospitalization for unstable angina or heart failure

3. Other Outcome Measures: Major Bleeding

Estimated Enrollment:	3900
Study Start Date:	December 2012
Estimated Study Completion Date:	December 2018

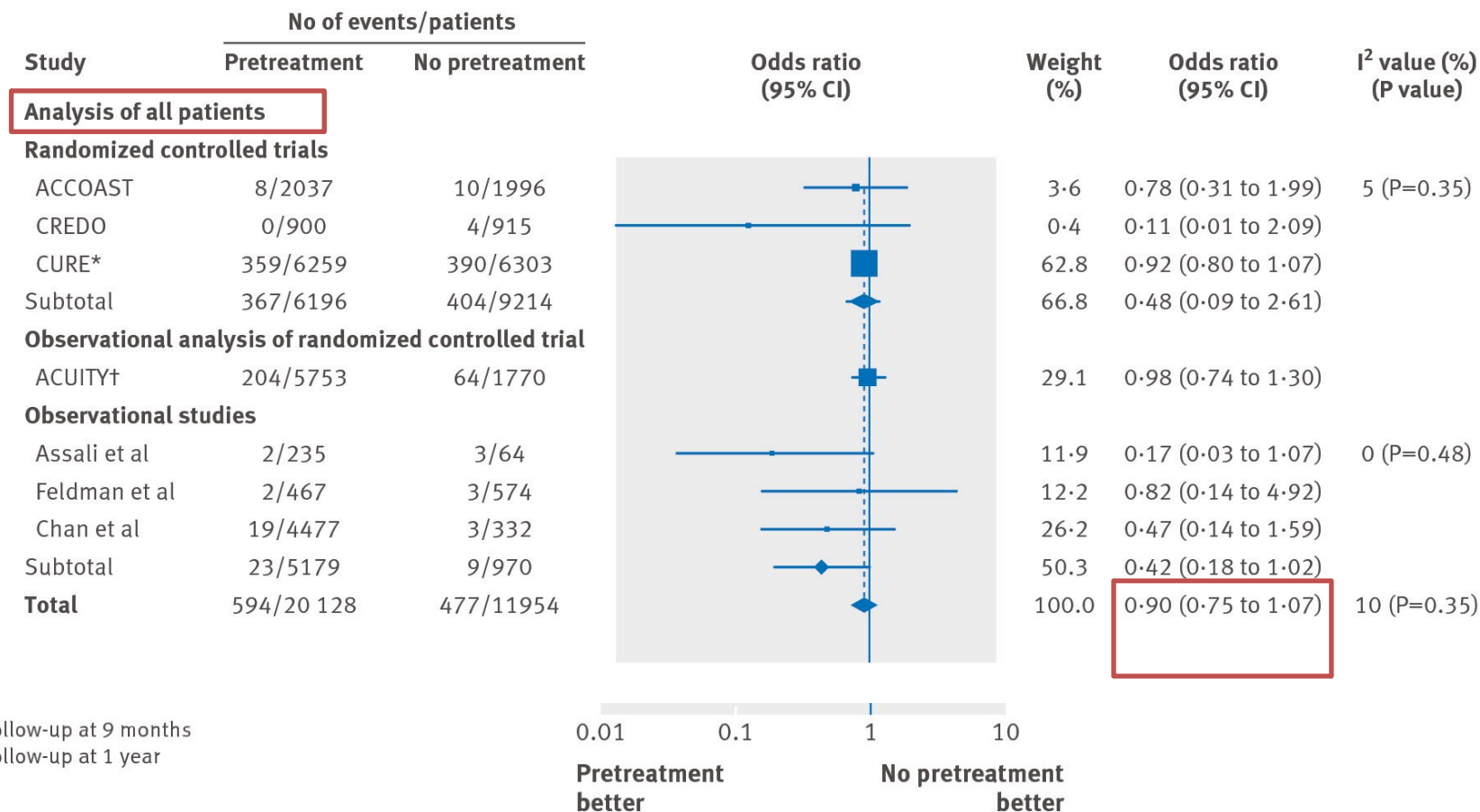
Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

Bellemain-Appaix A, Kerneis M, O'Connor SA, et al. Reappraisal of thienopyridine pretreatment in patients with non-ST elevation acute coronary syndrome: a systematic review and meta-analysis. BMJ. 2014;Epub ahead of print.

- **7 studies**, published between 2001 and 2013, including a total of 32,383 NSTEMI-ACS patients, of whom 17,545 (54.5%) underwent PCI.
 - 3 randomized controlled trials.
 - 1 observational analysis derived from a randomized trial
 - 3 observational studies
- Thienopyridine **pretreatment varied**.
 - Most studies involved a 300-mg clopidogrel loading dose, though 1 employed a loading dose of 600 mg and another left dosing to operator discretion.
 - In the ACCOAST study, pretreated patients received a 30-mg dose of prasugrel at the time of diagnosis and another 30-mg dose with PCI.
 - No study was identified for ticagrelor or cangrelor, and analyses were thus limited to thienopyridines

Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

All cause death



*Follow-up at 9 months

†Follow-up at 1 year

Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

All cause death

Analysis of PCI treated patients only

Randomized controlled trials

ACCOAST	4/1394	4/1376
CREDO	0/900	4/915
PCI-CURE	14/1313	13/1345
Subtotal	18/3610	21/3636

Observational analysis of randomized controlled trial

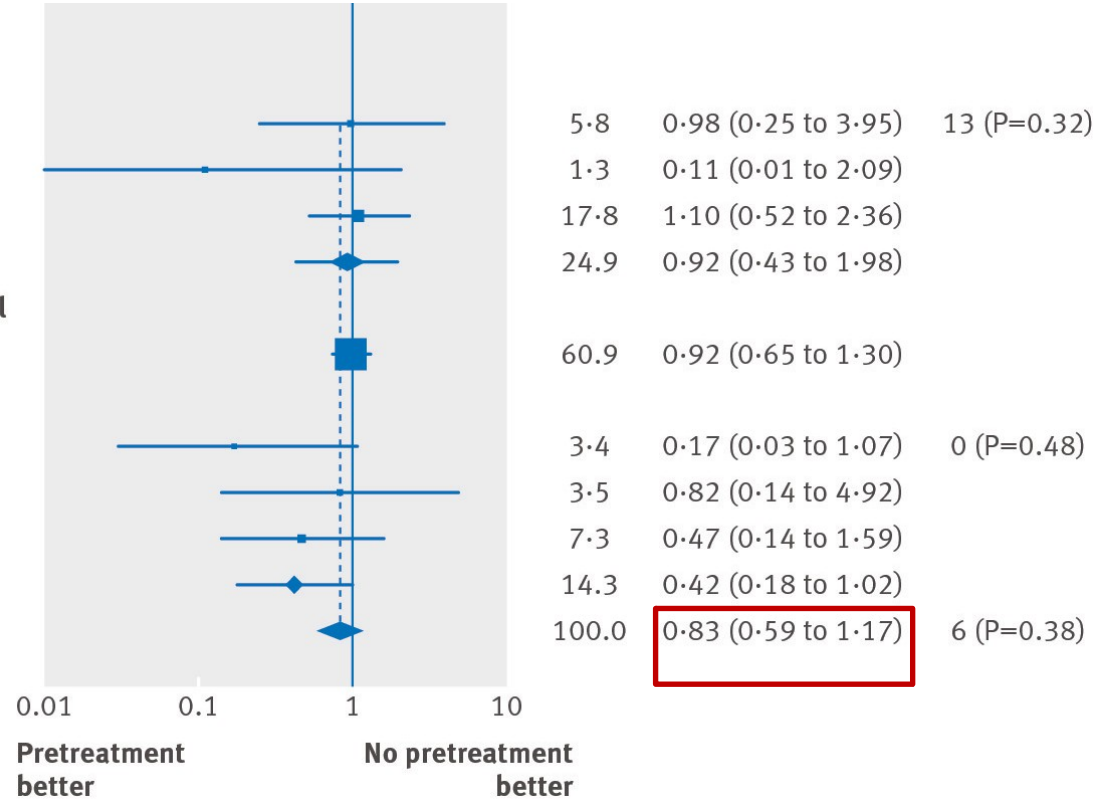
ACUITY-PCI†	105/3511	49/1515
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Observational studies

Assali et al	2/235	3/64
Feldman et al	2/467	3/574
Chan et al	19/4477	3/332
Subtotal	23/5179	9/970
Total	146/12 300	79/6121

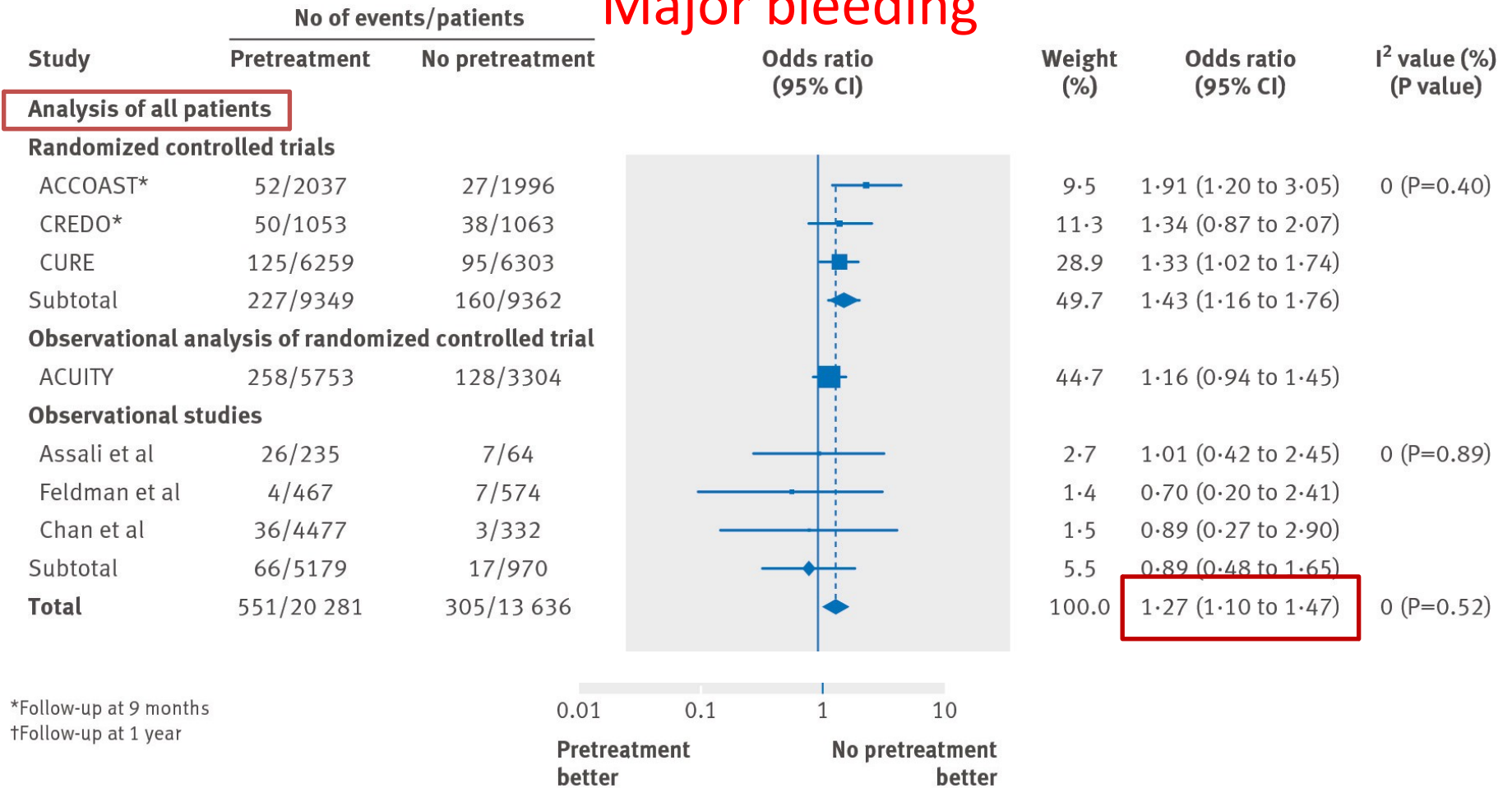
*Follow-up at 9 months

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Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

Major bleeding



*Follow-up at 9 months
†Follow-up at 1 year

Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

Major bleeding

Analysis of PCI treated patients only

Randomized controlled trials

ACCOAST†	19/1397	7/1376
CREDO†	50/1053	38/1063
PCI-CURE	21/1313	19/1345
Subtotal	90/3763	64/3784

Observational analysis of randomized controlled trial

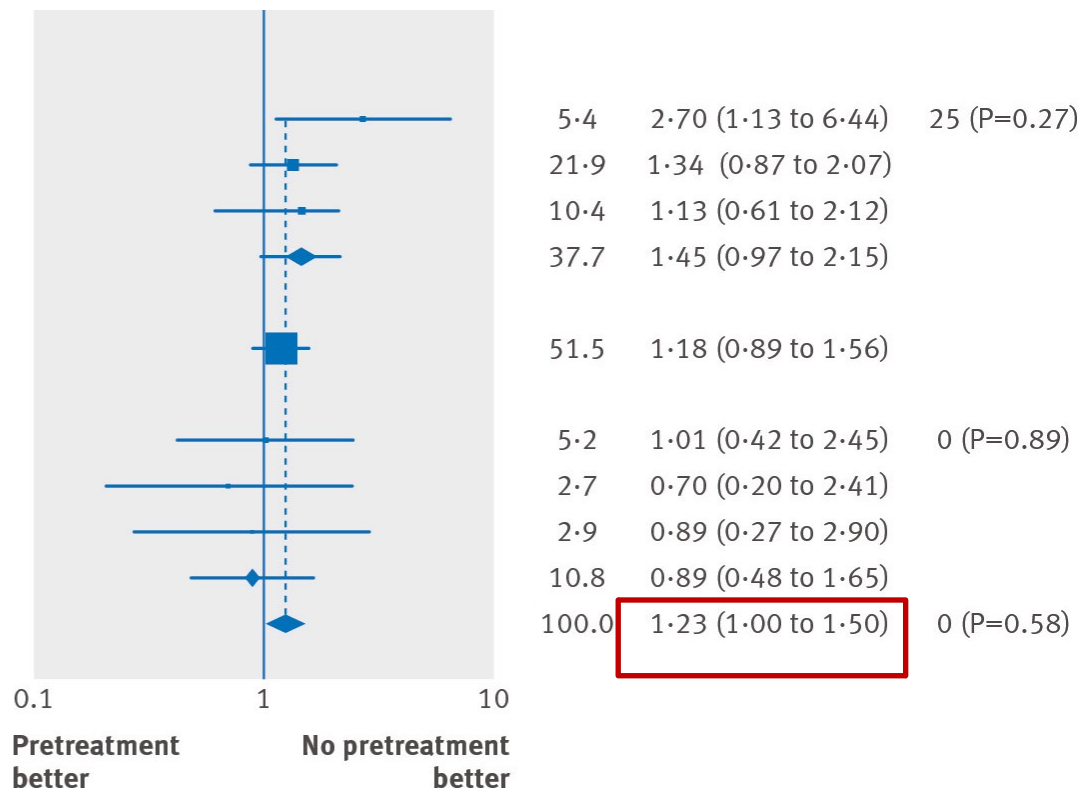
ACUITY-PCI	188/3511	70/1528
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Observational studies

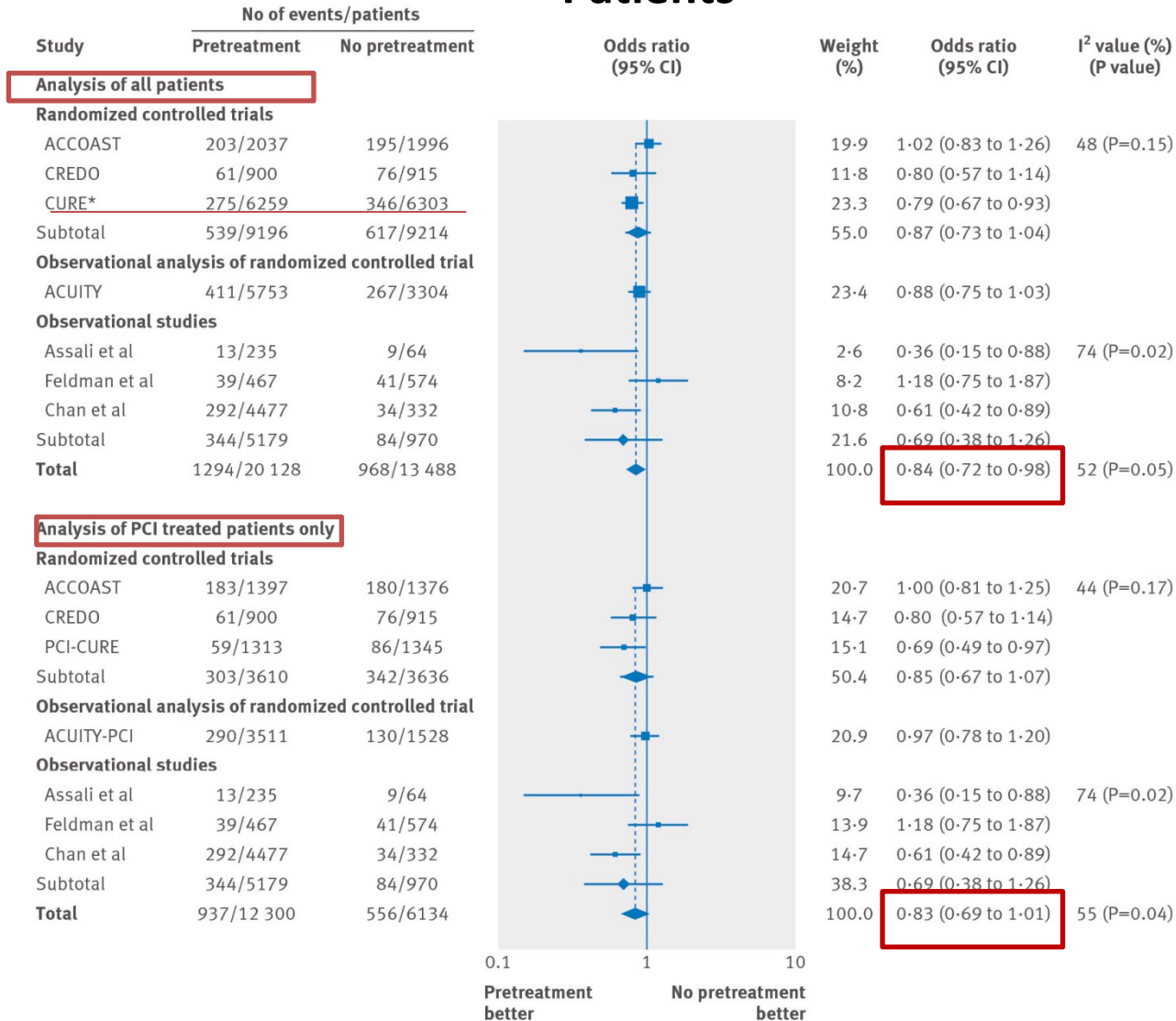
Assali et al	26/235	7/64
Feldman et al	4/467	7/574
Chan et al	36/4477	3/332
Subtotal	66/5179	17/970

Total	344/12 453	151/6282
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*Coronary artery bypass graft (CABG) and non-CABG
 †Non-CABG



Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients



Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

Table 1. Outcomes of NSTEMI-ACS Patients With vs Without Thienopyridine Pretreatment

	OR	95% CI
All-Cause Death		
<i>Overall</i>	0.90	0.75-1.07
<i>PCI Subgroup</i>	0.83	0.59-1.17
CV Death		
<i>Overall</i>	0.72	0.39-1.35
<i>PCI Subgroup</i>	0.78	0.28-2.14
Major Bleeding		
<i>Overall</i>	1.32	1.16-1.49
<i>PCI Subgroup</i>	1.23	1.00-1.50

Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

- **No significant reduction of mortality** (odds ratio 0-90 (0.75- to 1.07))
- A significant **30-45% excess of major bleeding** was consistently observed in all patients (odds ratio 1.32 (1.16 to 1.49), $P < 0.0001$) and in those undergoing PCI.
- There was **a reduction in major adverse cardiovascular** events in the analysis of all patients (odds ratio 0.84 (0.72 to 0.98), $P = 0.02$), driven by the **old clopidogrel studies (CURE and CREDO)**, but the difference was not significant for the cohort of patients undergoing PCI
- Stent thrombosis, stroke, and urgent revascularization **did not differ between groups** (pretreatment vs no pretreatment)

Meta-analysis: No Need for Thienopyridine Loading Dose in NSTEMI-ACS Patients

1. In patients presenting with non-ST elevation ACS, pretreatment with thienopyridines **is associated with no significant reduction of mortality but with a significant excess of major bleeding no matter the strategy adopted, invasive or not.**

2. Our results **do not support a strategy of routine pretreatment** in patients with non-ST elevation ACS

GRACIAS

An interventional cardiologist without knowledge is only just a posh plumber

