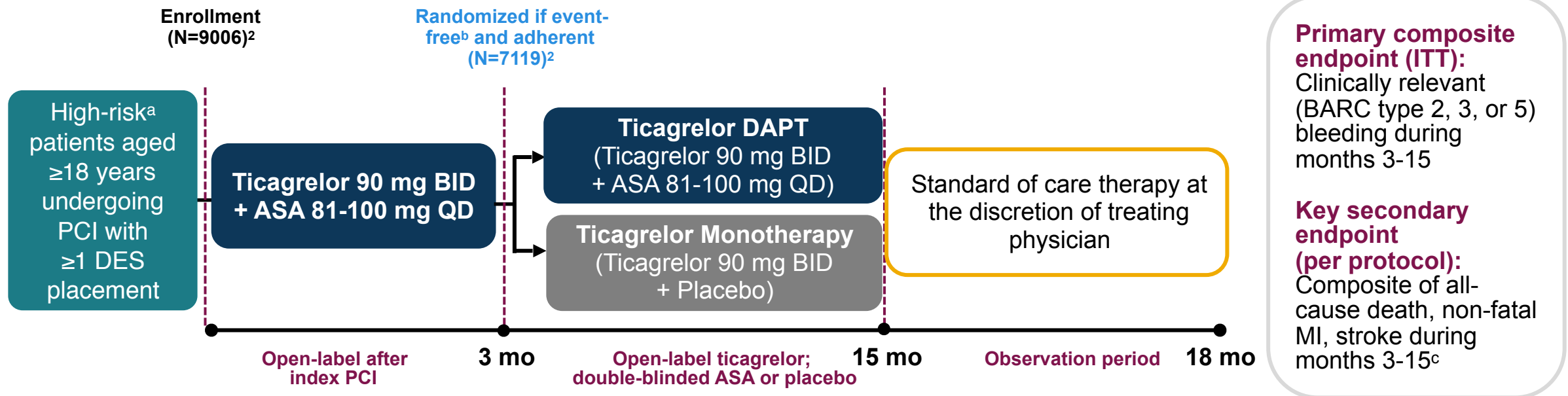


# TWILIGHT

**Ticagrelor With aspirin or alone In high-risk patients after coronary intervention**

# TWILIGHT: Study Design Overview<sup>1</sup>



## <sup>a</sup>High-risk patients must meet ≥1 criteria from both clinical and angiographic criteria (Inclusion criteria):

- **Clinical:** ≥65 years of age, female, troponin positive ACS, established vascular disease (previous MI, documented PAD or CAD/PAD revascularization), DM treated with medications, CKD (eGFR <60 mL/min/1.73 m<sup>2</sup> or CrCl <60 mL/min)
- **Angiographic:** multivessel CAD, target lesion total stent length >30 mm, thrombotic target lesion, bifurcation lesions with Medina X, 1, 1 classification requiring ≥2 stents, left main ≥50% or proximal LAD ≥70% lesion, calcified target lesion requiring atherectomy

## Exclusion Criteria

## <sup>b</sup>Event-free if none of the following:

- Major bleeding (≥BARC type 3b); ischemic event after PCI (eg, non-fatal MI, definite or probable stent thrombosis, ischemic stroke, coronary revascularization with DES); no longer taking DAPT with ticagrelor + ASA; non physician-guided cessation of ASA or ticagrelor of ≥5 consecutive days; current indication for oral anticoagulation or high dose ASA; renal failure requiring dialysis; woman of child bearing potential; refusal of randomization by patient or treating physician; withdrawal of consent; lost to follow-up

<sup>c</sup>Other secondary ischemic endpoints included time to first occurrence of: (i) CV death, non-fatal MI, ischemic stroke or clinically-driven revascularization; (ii) CV death, non-fatal MI or ischemic stroke; (iii) definite or probable stent thrombosis; (iv) CV death.

1. Baber U et al. *Am Heart J*. 2016;182:125-134; 2. Mehran R et al. *N Engl J Med*. 2019.

# TWILIGHT: Inclusion and Exclusion Criteria

## Inclusion Criteria

### Clinical Criteria (must meet $\geq 1$ ):

- $\geq 65$  years of age
- Female
- Troponin positive ACS
- Established vascular disease (previous MI, documented PAD or CAD/PAD revascularization)
- DM treated with medications
- CKD (eGFR  $< 60$  mL/min/1.73m<sup>2</sup> or CrCl  $< 60$  mL/min)

### Angiographic Criteria (must meet $\geq 1$ ):

- Multivessel CAD
- Target lesion requiring total stent length  $> 30$  mm
- Thrombotic target lesion
- Bifurcation lesions with Medina X,1,1 classification requiring  $\geq 2$  stents
- Left main ( $\geq 50\%$ ) or proximal LAD ( $\geq 70\%$ ) lesion
- Calcified target lesion(s) requiring atherectomy

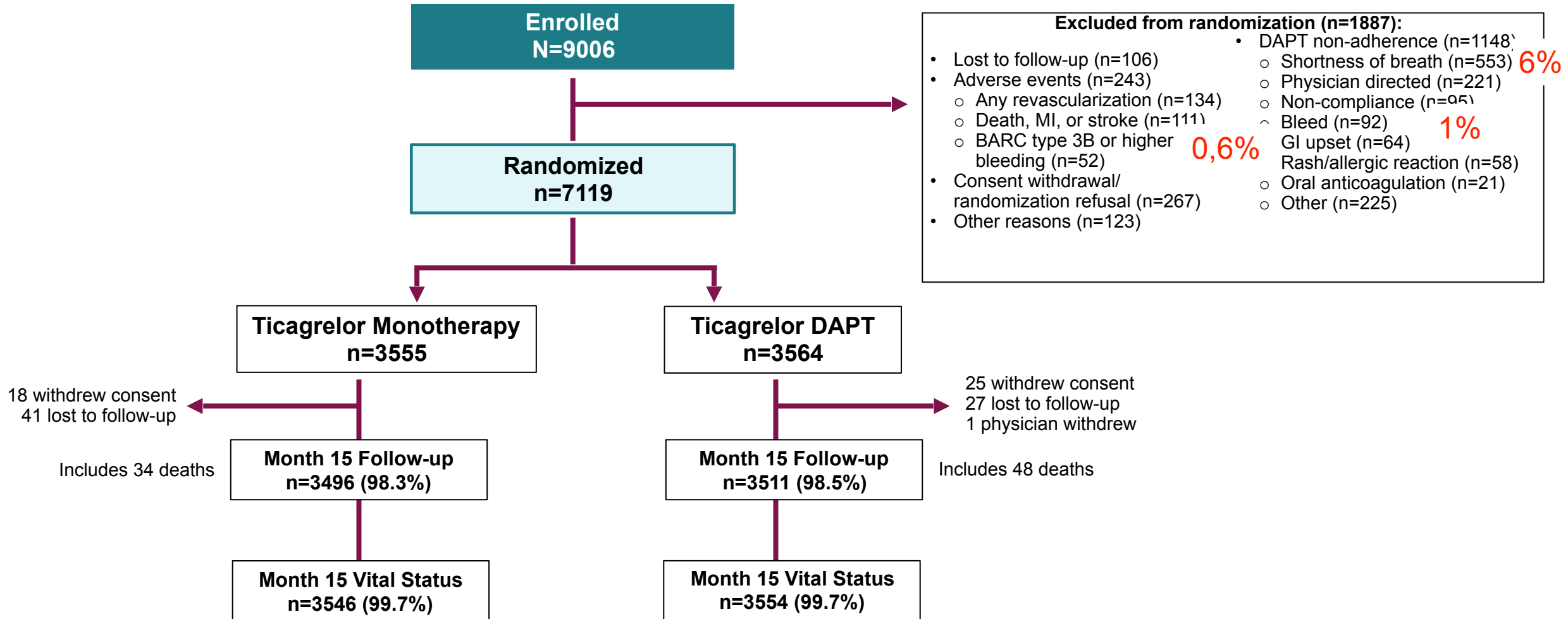
## Exclusion Criteria

- $< 18$  years of age
- Contraindication to ASA or ticagrelor
- Planned surgery or coronary revascularization within 90 days
- Need for chronic oral anticoagulation or ongoing ASA  $\geq 325$  mg
- Prior stroke
- Dialysis-dependent renal failure or liver cirrhosis
- Active bleeding or extreme-risk for major bleeding
- Salvage PCI or STEMI presentation
- Life expectancy  $< 1$  year
- Women of child bearing potential
- Fibrinolytic therapy within 24 hours of index PCI
- Concomitant therapy with a strong cytochrome P450 3A inhibitor/inducer
- Platelet count  $< 100,000$  mm<sup>3</sup>

ACS = acute coronary syndrome; ASA = aspirin; CAD = coronary artery disease; CKD = chronic kidney disease; CrCl = creatinine clearance; DM = diabetes mellitus; eGFR = estimated glomerular filtration; LAD = left anterior descending; MI = myocardial infarction; PAD = peripheral artery disease; PCI = percutaneous coronary intervention; STEMI = ST-segment elevation myocardial infarction.

Baber U et al. *Am Heart J.* 2016;182:125-134.

# TWILIGHT: Patient Distribution



BARC = Bleeding Academic Research Consortium; DAPT = dual antiplatelet therapy; GI = gastrointestinal; MI = myocardial infarction.

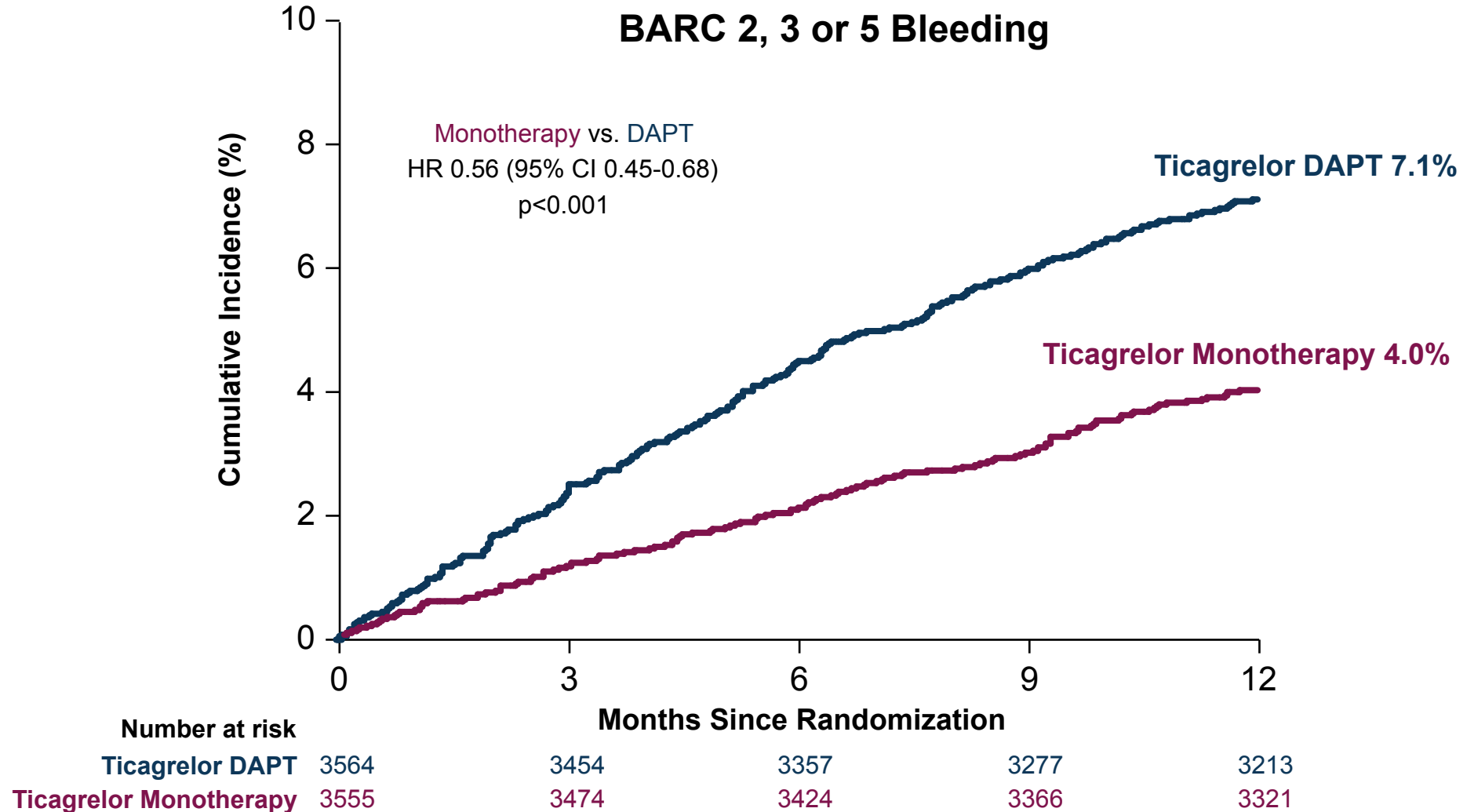
Mehran R et al. Article and supplementary appendix online ahead of print. *N Engl J Med.* 2019.

# TWILIGHT: Baseline Demographics of the Randomized Population

Characteristic <sup>a</sup>	Ticagrelor Monotherapy (n=3555)	Ticagrelor DAPT (n=3564)
<b>Clinical parameters</b>		
Age, years (mean ± SD)	65.2 ± 10.3	65.1 ± 10.4
Female	846 (23.8)	852 (23.9)
Nonwhite race	1110 (31.2)	1086 (30.5)
BMI, kg/m <sup>2</sup> (mean ± SD)	28.6 ± 5.5	28.5 ± 5.6
<b>Medical history</b>		
Diabetes mellitus	1319 (37.1)	1301 (36.5)
Chronic kidney disease (eGFR <60mL/1.73m <sup>2</sup> )	572/3410 (16.8)	573/3425 (16.7)
Anemia	675/3405 (19.8)	654/3423 (19.1)
Current smoker	726/3553 (20.4)	822/3562 (23.1)
Hypercholesterolemia	2157 (60.7)	2146 (60.2)
Hypertension	2580/3555 (72.6)	2574/3563 (72.2)
Peripheral arterial disease	245 (6.9)	244 (6.8)
Previous MI	1020 (28.7)	1020 (28.6)
Previous PCI	1502 (42.3)	1496 (42.0)
Previous CABG	362/3554 (10.2)	348/3564 (9.8)
Multivessel CAD	2272 (63.9)	2194 (61.6)
Previous major bleeding event	31 (0.9)	32 (0.9)
<b>Indication for PCI</b>		
Asymptomatic	234/3554 (6.6)	223/3563 (6.3)
Stable angina	1047/3554 (29.5)	999/3563 (28.0)
Unstable angina	1249/3554 (35.1)	1245/3563 (34.9)
NSTEMI	1024/3554 (28.8)	1096/3563 (30.8)

<sup>a</sup>Data presented as number (%) or number/total number of patients (%) unless otherwise noted.

# TWILIGHT: Primary Endpoint<sup>1</sup>



 **Definitions of BARC Bleeding**

Note: The primary endpoint analysis was performed in the ITT cohort, including those who were successfully randomized at the 3-month visit.<sup>2</sup>

1. Mehran R et al. Online ahead of print. *N Engl J Med.* 2019; 2. Baber U et al. *Am Heart J.* 2016;182:125-134.

# TWILIGHT: Primary and Pre-Specified Secondary Bleeding Outcomes<sup>1</sup>

Endpoint, n (K-M%)	Ticagrelor Monotherapy (n=3555)	Ticagrelor DAPT (n=3564)	HR (95% CI)	p-value
<b>Primary endpoint</b>				
BARC 2, 3, or 5	141 (4.0)	250 (7.1)	0.56 (0.45-0.68)	<0.001 <sup>a</sup>
<b>Secondary bleeding endpoints</b>				
BARC 3 or 5	34 (1.0)	69 (2.0)	0.49 (0.33-0.74)	---
TIMI major or minor	141 (4.0)	250 (7.1)	0.56 (0.45-0.68)	---
GUSTO moderate or severe	26 (0.7)	49 (1.4)	0.53 (0.33-0.85)	---
ISTH major	39 (1.1)	72 (2.1)	0.54 (0.37-0.80)	---

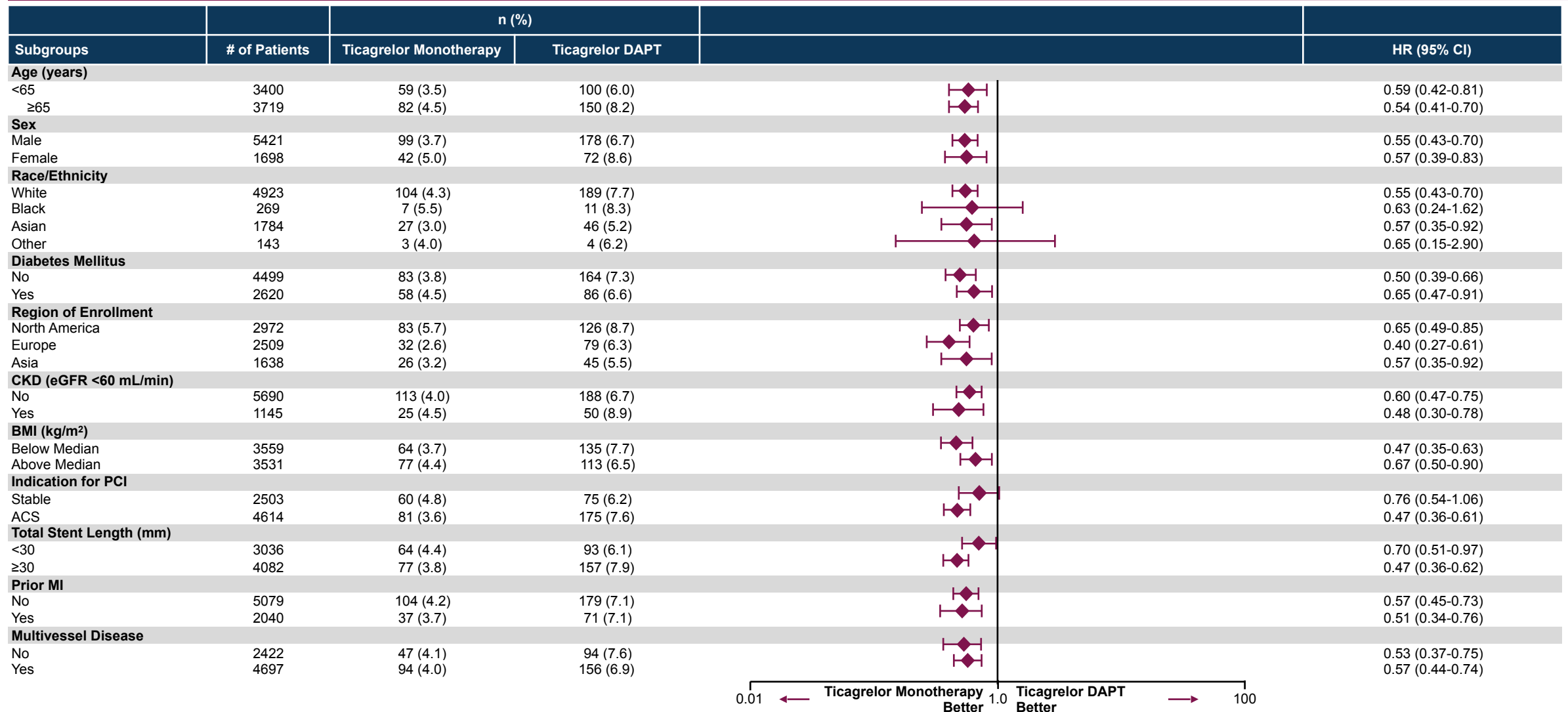
Note: Bleeding analyses were performed in the ITT cohort, including those who were successfully randomized at the 3-month visit.<sup>2</sup>

<sup>a</sup>Risk difference, -3.08%; 95% CI, -4.15% to -2.01%.

BARC = Bleeding Academic Research Consortium; DAPT = dual antiplatelet therapy; GUSTO = Global Utilization of Streptokinase and TPA for Occluded Arteries; HR = hazard ratio; ISTH = International Society of Thrombosis and Hemostasis; K-M = Kaplan-Meier; TIMI = Thrombolysis in Myocardial Infarction.

1. Mehran R et al. Online ahead of print. *N Engl J Med*. 2019; 2. Baber U et al. *Am Heart J*. 2016;182:125-134.

# TWILIGHT: Primary Endpoint of BARC 2, 3, or 5 Bleeding in Pre-specified Patient Subgroups<sup>1</sup>

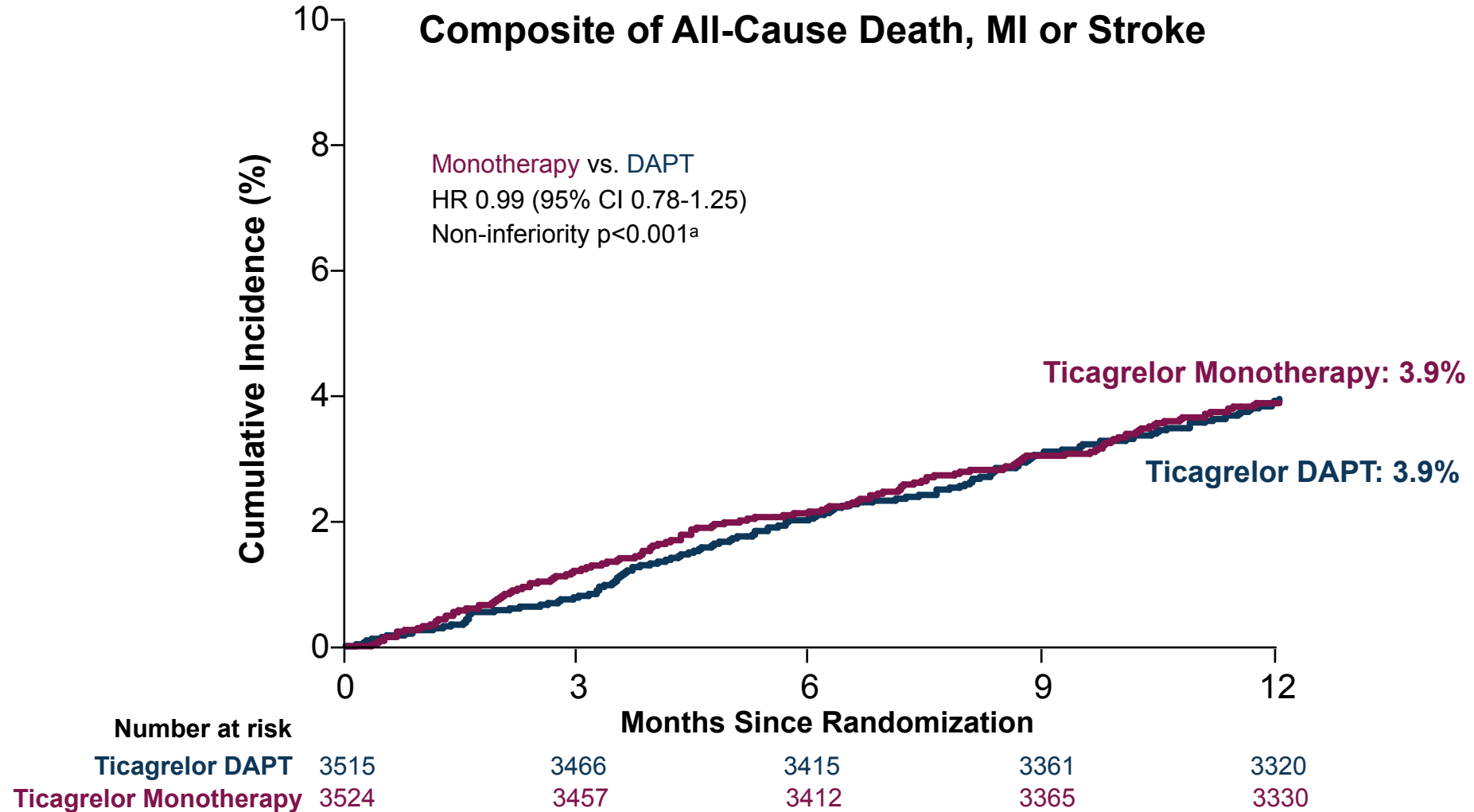


Note: The primary endpoint analysis was performed in the ITT cohort, including those who were successfully randomized at the 3-month visit.<sup>2</sup>

1. Mehran R et al. Supplementary appendix. *N Engl J Med.* 2019; 2. Baber U et al. *Am Heart J.* 2016;182:125-134.



# TWILIGHT: Key Secondary Endpoint<sup>1</sup>



Note: The key secondary endpoint was performed in the per protocol cohort, including those who were randomized and completed all study-related contacts without any major protocol deviations.<sup>2</sup>

<sup>a</sup>Non-inferiority was tested at a one-sided alpha level of 0.025 using 1.6% as the absolute upper limit of the 95% CI.<sup>2</sup>

1. Mehran R et al. Online ahead of print. *N Engl J Med*. 2019; 2. Baber U et al. *Am Heart J*. 2016;182:125-134.

# TWILIGHT: Secondary Ischemic Outcomes<sup>1</sup>

Endpoint, n (K-M%)	Ticagrelor Monotherapy (n=3524)	Ticagrelor DAPT (n=3515)	HR (95% CI)	Non-inferiority p-value
<b>Key secondary ischemic outcome</b>				
Composite of all-cause death, MI or stroke	135 (3.9)	137 (3.9)	0.99 (0.78-1.25)	<0.001 <sup>a</sup>
<b>Other ischemic endpoints</b>				
Composite of CV death, MI or ischemic stroke	126 (3.6)	130 (3.7)	0.97 (0.76-1.24)	---
All-cause death	34 (1.0)	45 (1.3)	0.75 (0.48-1.18)	---
CV death	26 (0.8)	37 (1.1)	0.70 (0.43-1.16)	---
MI	95 (2.7)	95 (2.7)	1.00 (0.75-1.33)	---
Ischemic stroke	16 (0.5)	8 (0.2)	2.00 (0.86-4.67)	---
Stent thrombosis (definite or probable)	14 (0.4)	19 (0.6)	0.74 (0.37-1.47)	---

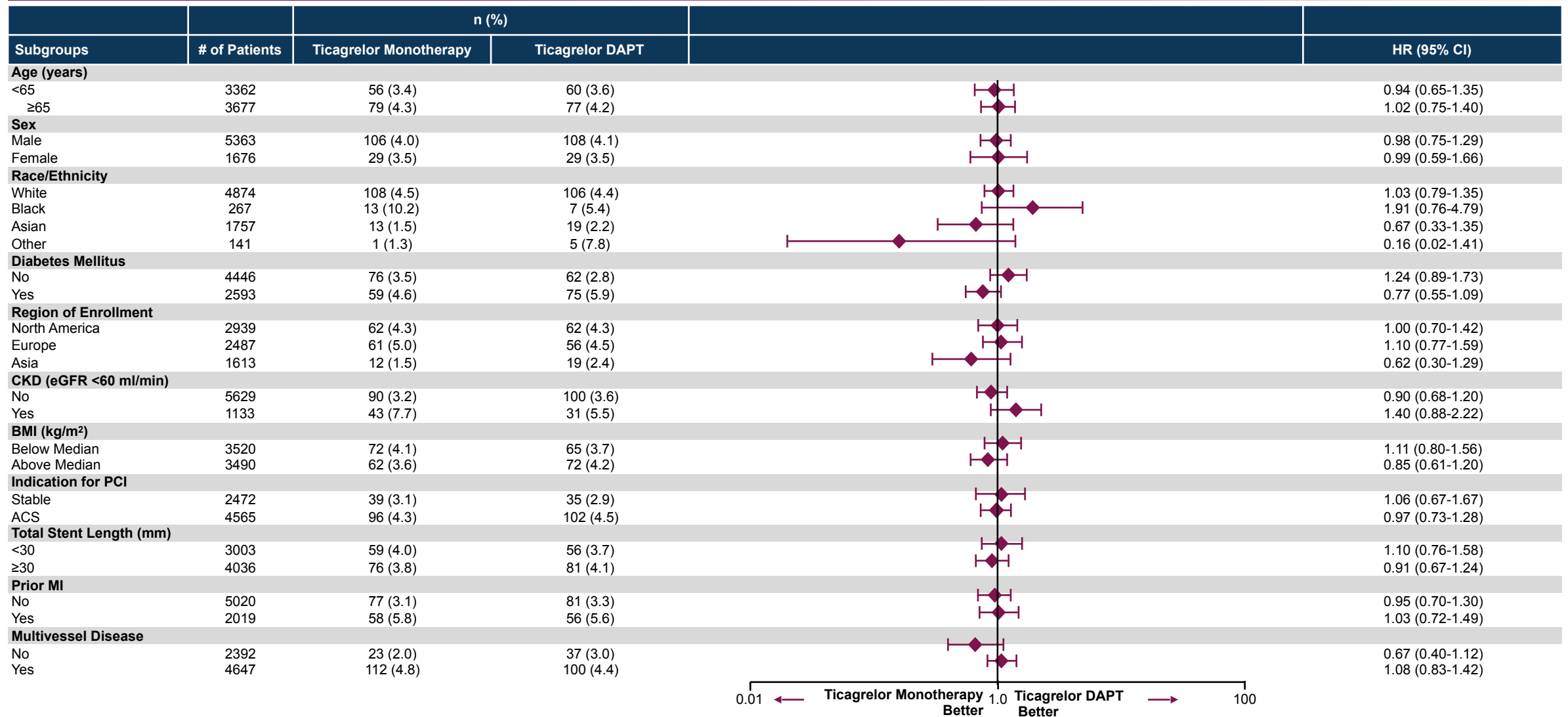
Note: Ischemic endpoints were performed in the per protocol cohort, including those who were randomized and completed all study contact visits without any major protocol deviations.<sup>2</sup>

<sup>a</sup>Non-inferiority was tested at a one-sided alpha level of 0.025 using 1.6% as the absolute upper limit of the 95% CI;<sup>2</sup> Risk difference, -0.06%; 95% CI, -0.97% to 0.84%.<sup>1</sup>

CV = cardiovascular; DAPT = dual antiplatelet therapy; HR = hazard ratio; K-M = Kaplan-Meier; MI = myocardial infarction.

1. Mehran R et al. *N Engl J Med*. 2019; 2. Baber U et al. *Am Heart J*. 2016;182:125-134.

# TWILIGHT: Key Secondary Endpoint (Composite of All-cause Death, MI or Stroke) in Pre-specified Patient Subgroups<sup>1</sup>



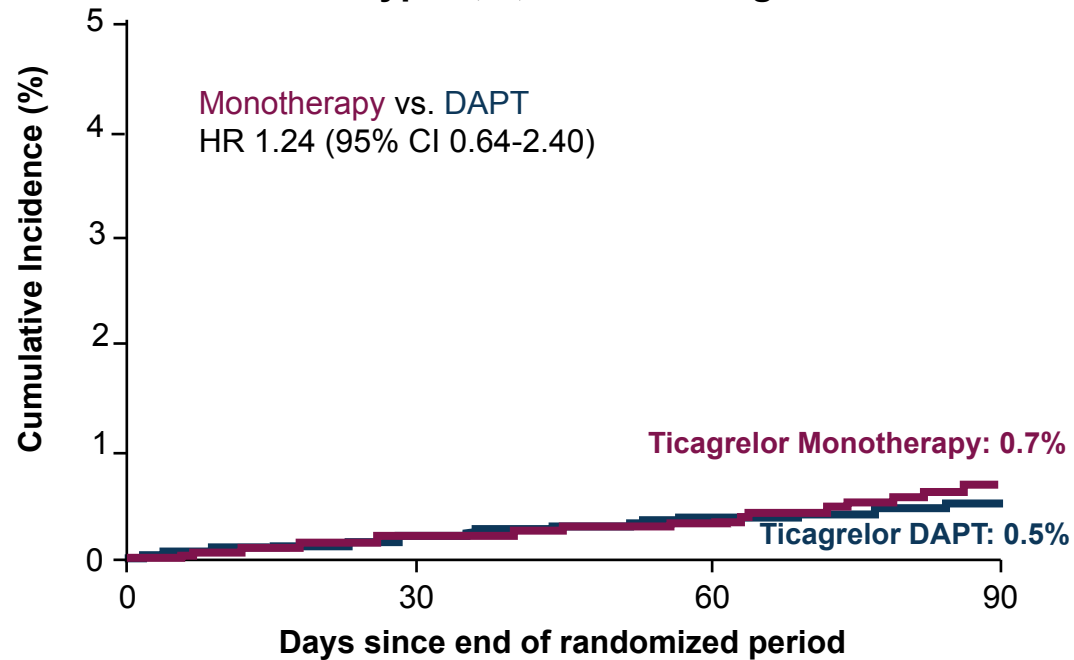
Note: Ischemic endpoints were performed in the per protocol cohort, including those who were randomized and completed all study contact visits.<sup>2</sup>

1. Mehran R et al. Supplementary appendix. *N Engl J Med.* 2019; 2. Baber U et al. *Am Heart J.* 2016;182:125-134.

# TWILIGHT: Landmark Analyses Between 15 and 18 Months After PCI (Observational Period)

Low bleeding event rate overall; no difference in BARC 2, 3 or 5 bleeding during the observational period

BARC Type 2, 3, or 5 Bleeding

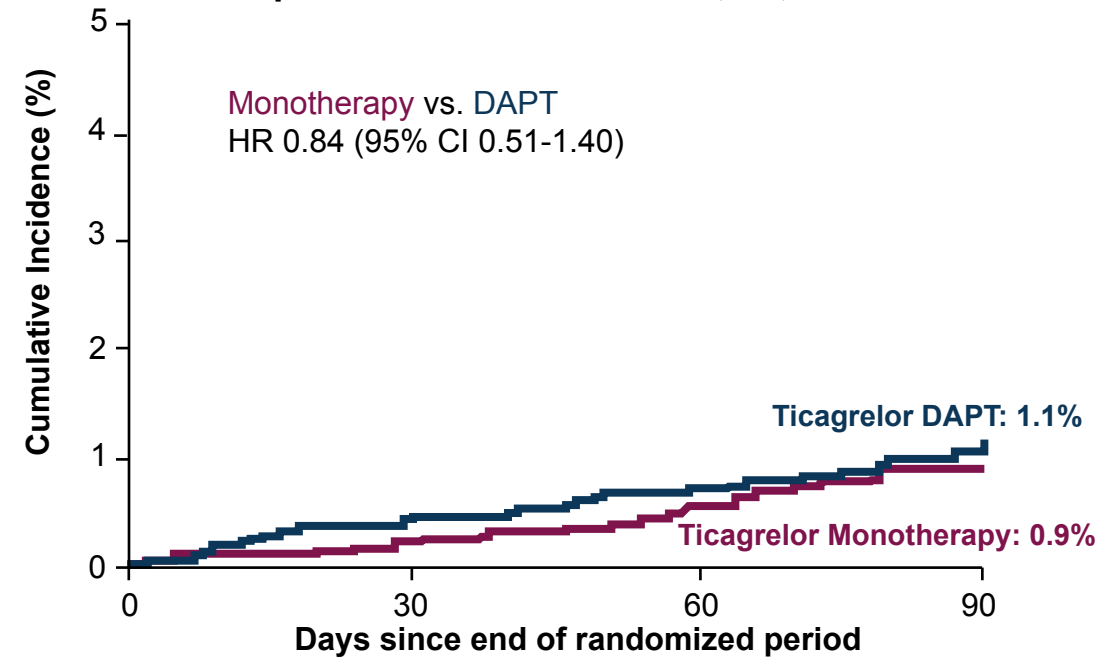


Number at risk

DAPT	3454	3424	3359	994
Monotherapy	3456	3437	3386	1060

No difference in composite ischemic events during the observational period

Composite of All-cause Death, MI, or Stroke



Number at risk

DAPT	3454	3428	3364	993
Monotherapy	3456	3443	3388	1063

BARC = Bleeding Academic Research Consortium; DAPT = dual antiplatelet therapy; HR = hazard ratio; MI = myocardial infarction; PCI = percutaneous coronary intervention.

Mehran R et al. Supplementary appendix. *N Engl J Med*. 2019.

# TWILIGHT: Limitations

---

- Enrolled population of high-risk PCI patients that were chosen by a provider to receive ticagrelor 90 mg plus ASA DAPT, and those randomized had tolerated a 3 month DAPT run-in period, limiting generalizability
- Lack of power to detect differences in individual ischemic endpoints
- Lower than expected event rate for the key secondary ischemic endpoint

# TWILIGHT: Conclusions

---

- In a population of PCI patients at high-risk for bleeding and ischemic events who had tolerated ticagrelor DAPT for 3 months, ticagrelor monotherapy significantly reduced BARC type 2, 3, or 5 bleeding by 44% compared to a ticagrelor DAPT regimen
  - The rate of BARC type 3 or 5 bleeding was reduced 51% with ticagrelor monotherapy compared to ticagrelor DAPT
- Ticagrelor monotherapy was non-inferior to ticagrelor DAPT for the composite endpoint of all-cause death, MI or stroke
- In patients who have undergone PCI with clinical and angiographic characteristics consistent with the TWILIGHT enrollment criteria, ticagrelor monotherapy after a 3-month course of ticagrelor DAPT, may be an option to reduce the risk of bleeding without ischemic harm